

MENU

STARTERS

TOMATO & ROASTED RED PEPPER SOUP (VE, *GF) £5.95
Served with warm ciabatta bread and salted butter (GF bread available on request)

CRUMBED JALAPENO PEPPERS WITH CREAM CHEESE (V) £5.95
Lightly coated peppers with creamy cheese filling, a sweet chilli dipping sauce and house dressed salad

PAN-SEARED SCALLOPS (GF) £7.95
With black pudding and pea puree

PEKING DUCK SPRING ROLLS £6.45
Slow cooked shredded duck, spring onions and carrots with soy sauce, wrapped in filo casing. Served with a spiced Asian sauce and house dressed salad

KING PRAWN COCKTAIL (*GF) £6.45
Served with salad, house cocktail sauce and warm ciabatta (*GF bread available on request)

MAIN COURSES

PAN-FRIED SEABASS RISOTTO (GF) £17.95
Seabass fillet on a bed of creamy sweet pea, spring onion risotto. Finished with fresh shavings parmesan

LINGUINI FRUTTI DI MARE £18.95
Linguini cooked with mixed sea food in a tomato and red pepper sauce. If you would like a touch of spice added whilst cooking, then please ask.

PAN ROASTED DUCK BREAST (GF) £18.95
Served with house sautéed potatoes, fine green beans and finished with a red wine jus

10oz RIBEYE STEAK (GF) £22.95
Served with homemade chips, beer battered onion rings, fresh tomato salsa and a house dressed salad
Why not try our homemade sauces for £3? Peppercorn, Red Wine, Blue Cheese or Garlic Butter

CHICKEN TAGINE (GF) £16.95
Pan roasted corn-fed chicken breast on the bone, served with a roasted butternut squash & red onion wedges in Moroccan style sauce.

CHICKEN JALFREZI (*GF) £13.95
Chargrilled chicken thighs with a delicious Jalfrezi sauce combining onions, peppers and coconut with a medium hot blend of spices. Served with rice, mango chutney and naan bread (*GF without Naan bread)

SPINACH & RICOTTA TORTELLINI (V) £13.95
Served with a tomato and herb sauce and finished with fresh shavings of parmesan cheese

KALE & QUINOA BAKE TAGINE (VE & GF) £15.95
Baked kale & quinoa bake with roasted butternut squash & red onion wedges in a Moroccan style sauce

DESSERTS

VANILLA PANNA COTTA (GF) £5.95 **TRIO OF SORBET** (GF, VE) £5.45

STICKY TOFFEE PUDDING £6.10 **LEMON CHEESECAKE** £6.10
With ice cream or fresh cream

If you have any specific allergen or dietary requirements please let your waiting staff know BEFORE ordering and we will be happy to offer advice with regards to our ingredient

THE CWTCH RESTAURANT, LLANTWIT MAJOR, CF61 1XY
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